

6 全国の平均余命の年次推移

(単位:年)

年次	男				女			
	0歳	20歳	40歳	65歳	0歳	20歳	40歳	65歳
※昭和25~27年	59.57	46.43	29.65	11.35	62.97	49.58	32.77	13.36
※30	63.60	48.47	30.85	11.82	67.75	52.25	34.34	14.13
※35	65.32	49.08	31.02	11.62	70.19	53.39	34.90	14.10
38	67.21	50.10	31.79	12.10	72.34	54.70	35.89	14.70
39	67.67	50.33	31.96	12.19	72.87	54.99	36.11	14.83
※40	67.74	50.18	31.73	11.88	72.92	54.85	35.91	14.56
41	68.35	50.78	32.33	12.42	73.61	55.53	36.55	15.11
42	68.91	51.06	32.56	12.50	74.15	55.82	36.79	15.26
43	69.05	51.17	32.61	12.48	74.30	55.93	36.86	15.26
44	69.18	51.24	32.71	12.53	74.67	56.24	37.17	15.51
45	69.31	51.26	32.68	12.50	74.66	56.11	37.01	15.34
46	70.17	52.05	33.42	13.08	75.58	56.99	37.85	16.00
47	70.50	52.33	33.67	13.25	75.94	57.28	38.11	16.17
48	70.70	52.46	33.74	13.22	76.02	57.33	38.12	16.10
49	71.16	52.79	33.99	13.38	76.31	57.54	38.30	16.18
※50	71.73	53.27	34.41	13.72	76.89	58.04	38.76	16.56
51	72.15	53.60	34.68	13.91	77.35	58.43	39.11	16.80
52	72.69	54.07	35.12	14.29	77.95	58.99	39.63	17.24
53	72.97	54.32	35.32	14.40	78.33	59.32	39.95	17.48
54	73.46	54.72	35.70	14.75	78.89	59.83	40.42	17.92
※55	73.35	54.56	35.52	14.56	78.76	59.66	40.23	17.68
56	73.79	54.95	35.88	14.85	79.13	60.00	40.55	17.93
57	74.22	55.33	36.24	15.18	79.66	60.48	41.02	18.35
58	74.20	55.25	36.20	15.19	79.78	60.56	41.10	18.40
59	74.54	55.56	36.47	15.43	80.18	60.93	41.46	18.71
60	74.48	55.74	36.63	15.52	80.48	61.20	41.72	18.94
61	75.23	56.15	37.02	15.86	80.93	61.62	42.13	19.29
62	75.61	56.50	37.35	16.12	81.39	62.05	42.54	19.67
63	75.54	56.40	37.24	15.95	81.30	61.96	42.44	19.54
平成元年	75.91	56.74	37.56	16.22	81.77	62.41	42.89	19.95
※2	75.92	56.77	37.58	16.22	81.90	62.54	43.00	20.03
3	76.11	56.90	37.70	16.31	82.11	62.73	43.18	20.20
4	76.09	56.91	37.70	16.31	82.22	62.84	43.29	20.31
5	76.25	57.02	37.80	16.41	82.51	63.13	43.55	20.57
6	76.57	57.35	38.13	16.67	82.98	63.56	44.00	20.97
※7	76.38	57.16	37.96	16.48	82.85	63.46	43.91	20.94
8	77.01	57.71	38.48	16.94	83.59	64.13	44.55	21.53
9	77.19	57.86	38.62	17.02	83.82	64.36	44.79	21.75
10	77.16	57.85	38.66	17.13	84.01	64.56	45.01	21.96
11	77.10	57.74	38.56	17.02	83.99	64.50	44.94	21.89
※12	77.72	58.33	39.13	17.54	84.60	65.08	45.52	22.42
13	78.07	58.64	39.43	17.78	84.93	65.39	45.82	22.68
14	78.32	58.87	39.64	17.96	85.23	65.69	46.12	22.96
15	78.36	58.89	39.67	18.02	85.33	65.79	46.22	23.04
16	78.64	59.15	39.93	18.21	85.59	66.01	46.44	23.28
※17	78.56	59.08	39.86	18.13	85.52	65.93	46.38	23.19
18	79.00	59.49	40.25	18.45	85.81	66.22	46.66	23.44
19	79.19	59.66	40.40	18.56	85.99	66.39	46.82	23.59
20	79.29	59.75	40.49	18.60	86.05	66.45	46.89	23.64
21	79.59	60.04	40.78	18.88	86.44	66.81	47.25	23.97
※22	79.55	59.99	40.73	18.74	86.30	66.67	47.08	23.80
23	79.44	59.93	40.69	18.69	85.90	66.35	46.84	23.66
24	79.94	60.36	41.05	18.89	86.41	66.78	47.17	23.82
25	80.21	60.61	41.29	19.08	86.61	66.94	47.32	23.97
26	80.50	60.90	41.57	19.29	86.83	67.16	47.55	24.18
※27	80.75	61.13	41.77	19.41	86.99	67.31	47.67	24.24
28	80.98	61.34	41.96	19.55	87.14	67.46	47.82	24.38
29	81.09	61.45	42.05	19.57	87.26	67.57	47.90	24.43
30	81.25	61.61	42.20	19.70	87.32	67.63	47.97	24.50
令和元年	81.41	61.77	42.35	19.83	87.45	67.77	48.11	24.63

注) 1 ※の年は完全生命表、その他の年の表は簡易生命表による。

2 0歳の平均余命が平均寿命である。

3 昭和46年以前は、沖縄県を除く数値である。